

Heike Faller, Valerio Vidali

Hundred

What you learn in a lifetime

Do you want to know what life has in store? It's all here in this book. All the little things we learn in the course of our lives. A page a year, from nought to a hundred.

About the Book

How does our perception of the world change in the course of a lifetime? When Heike Faller's niece was born she began to wonder what we learn in life, and how we can talk about what we have learnt with those we love. And so she began to ask everyone she met, what did you learn in life? Out of the answers of children's writers and refugees, teenagers and artists, mothers and friends, came 99 lessons: that those who have had a difficult time appreciate the good moments more. That those who have had it easy find it harder getting old. That a lot of getting old is about accepting boundaries. And of course, as one 94 year old said to her, 'sometimes I feel like that little girl I once was, and I wonder if I have learned anything at all.'

This is a book for children and adults, families and friends. A book for celebrating life's milestones, for flicking through, forwards or backwards, for inspiration, for sharing with the ones you love.



Specifications

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208 pages

Hardcover

Sold to: Netherlands | Russian Federation | Romania | United Kingdom of Great Britain and Northern Ireland | United States of America | Hungary | Taiwan, Province of China[a] | Korea (Republic of) | Spain | Norway | Japan | Italy | France | China | Brazil



HEIKE FALLER is an editor at *Zeit Magazin* and dedicates this book to her nieces Paula and Lotta, who - as babies - gave her the idea and then kindly helped with the implementation a few years later.

VALERIO VIDALI is an Italian illustrator living in Berlin. His work has received many awards.